

Your Professional and Personal Development Organization

The University of Arizona®



EXECUTIVE BOARD 2007 – 2008

President	Cindy Steber	cindy@ahsl.arizona.edu
Vice-President	Kristen Vann	akvann@ag.arizona.edu
Secretary	Vicki Burns	burns@ogc.arizona.edu
Treasurer	Terri Sweet	sweet@u.arizona.edu
Membership Director	Tracey Sellers	tsellers@ogc.arizona.edu

What's Next?



Bylaws Changes – All changes were approved by majority vote. Thank you to all who took the time to vote.



Beta Group needs YOU to be an officer - Call for nominations

YOU would be a great officer. Every Beta member is capable of becoming an officer. This group cannot fail with any member at the lead. The guarantee is due to the caliber of the skills that its members possess. If you feel that you have (or someone you know has) the willingness to serve as an officer and you (or they) would like to push this group forward through its next stage of development, please submit your nomination. Your nomination does not have to be elaborate. The basic components required are the name of the nominee and the specific officer's position for the nomination. Keep in mind that nominees for President must have been a member of Beta for at least one year.

If you are not sure about running for office, please feel free to ask questions of the current officers. All positions are open for nomination (see top of page).

The new officers' term begins July 1, 2008 and ends June 30, 2009. The description of duties for each position is attached. Send your nominations via email to Tracy Sellers.

Nominees will be asked to provide a short bio. Elections will be held via e-mail in May. New officers will be introduced at the June 10th meeting. If you are interested contact any officer.



Did You Know?

The UA Beta Group was founded in the Fall of 1988. This means that this coming fall is our 20th year anniversary! Do you have any ideas on how to make it special? Please post your ideas on the listserv.



Achieving Peak Performance (APP) Workshop

By Steven Araya, University of Phoenix

Thursday, May 8

5:15 p.m. – 6:45 p.m.

You will be given a personal 26-page assessment at the workshop. An on-line questionnaire will need to be filled out prior to the workshop.

ANYONE can join this workshop. Your family members, co-workers, boss, friends, etc.

Details and link to the questionnaire are on the attached pages.

Next Meeting:

General Meeting

Tuesday, June 10, 2008

5:15 p.m. – 6:30 p.m.

Location: TBA



Do You Feel Like Dancing? Don't Know How?

Now there is an opportunity to learn how to dance. Fran Janssen has offered her house as a learning environment. See the attached flyer. If you are interested, give her a call at 319-8675 or send an email to franjan2@dakotacom.net .

ARTICLE VI - DUTIES OF OFFICERS AND DIRECTORS (From Bylaws)

Section 1

The **President** shall be the principal officer of the organization and shall:

- a. Have charge of the business of the Beta Group in its general operation.
- b. Preside at all general, special and Executive Board meetings.
- c. Create ad hoc committees as necessary.
- d. Act as internal co-auditor with the Membership Director.
- e. Preserve in a permanent file all records and letters of value pertaining to this office.
- f. Be the Beta Group's official spokesperson, and serve as liaison with outside parties. Designated representatives may be appointed as needed.
- g. Appoint a member of the Executive Board to take minutes in the absence of the Secretary.
- h. Appoint a member as the official photographer.
- i. Appoint a member as the official webmaster.

Section 2

The **Vice-President** shall:

- a. Perform the duties of the President in the absence of the President.
- b. Serve as chair of any Bylaws Review Committee.
- c. Preserve in a permanent file all records and letters of value pertaining to their year in office.
- d. Serve in such capacities as assigned by the President
- e. Chair the Beta Philanthropy Committee. Determine what philanthropy the majority of Beta members would like to participate in and involve Beta members in the project. At a minimum, one philanthropy shall be supported per year.

Section 3

The **Secretary** shall:

- a. Record the minutes of all regular or special meetings of the membership and the Executive Board
- b. Publish the minutes of the Executive Board and the regular Beta Group meetings monthly, after approval of the Executive Board.
- c. Preserve in a permanent file all the records and letters of value pertaining to their year in office.
- d. Conduct the regular scheduled membership meetings in the absence of the President and Vice-President.
- e. Acknowledge illness/death among members and/or their immediate families.

Section 4

The **Treasurer** shall:

- a. Be charged with the responsibility for all funds, receipts, and disbursements of the Beta Group.
- b. Keep an itemized record, in a permanent file, of all receipts and expenditures.
- c. Collect all dues of members.
- d. Coordinate active membership lists with Membership Director.
- e. Pay all bills with the approval of the Executive Board.
- f. Submit periodic financial reports to the membership and Executive Board.
- g. Deliver to the internal auditors 30 days prior to expiration of term, all books, records and paper, requesting a receipt.
- h. Preserve in a permanent file all records and letters of value pertaining to their year in office.
- i. Ensure that bank signature card has the current signatures of the Treasurer, President and Vice-President.
- j. The Executive Board must give prior approval for all expenditures. Any purchase made without Board approval shall be considered a non-reimbursable expense.

Section 5

The **Membership Director** shall:

- a. Maintain a roster of paid-up members and provide a periodic report to the Executive Board and general membership.
- b. Maintain Beta Listserv or appoint a Beta member to do so.
- c. Act as internal co-auditor with the President.
- d. Preserve in a permanent file all records and letters of value pertaining to their year in office.
- e. Chair the Membership Committee.

Achieving Peak Performance

ANYONE can attend this workshop (co-workers, friends, spouse, siblings, children (high school and above), etc. It is FREE.

The UA Beta Group will sponsor a free workshop called *Achieving Peak Performance* (APP). APP is based on research which suggests that the most effective people are those who understand themselves, both their strengths and weaknesses, so they can develop strategies to meet the demands of their environment.

A person's behavior is a necessary and integral part of who they are. In other words, much of our behavior comes from "nature" (inherent), and much comes from "nurture" (our upbringing). It is the universal language of "how we act," or our observable human behavior. APP measures four dimensions of normal behavior. They are:

- How you respond to problems and challenges.
- How you influence others to your point of view.
- How you respond to the pace of the environment.
- How you respond to rules and procedures set by others.

You must complete a questionnaire prior to the workshop. To confirm your attendance, send your RSVP to Dellina Bergen at djbergen@cox.net .

Deadline for RSVP and to take On-line Questionnaire: Friday, May 2

The attached page has the link to the questionnaire with some tips on what to expect. The results are compiled in a 26 page personalized behavioral assessment and will be distributed and discussed during the seminar. Since your report is considered confidential, you must attend the workshop to receive it. If you cannot attend, we can make arrangements for them to send you your report via the mail. The point is that they will not allow anyone else to pick it up for you.

Our instructor will be Steven Araya, Corporate Liaison from the University of Phoenix. He will discuss the APP results and walk participants through their own report. Take the on-line assessment and sign-up today!

Date: Thursday, May 8, 2008

Time: 5:15 p.m. – 6:45 p.m.

Place: Arizona Health Sciences Library, Room

RSVP to Dellina Bergen at djbergen@cox.net . Even if you are not sure you can attend, fill out the questionnaire. At a minimum, you will get a report. If you have any questions call Dellina at 319-1986.

Tips for Taking the Questionnaire

The instructions say that it will take 10-12 minutes. Be sure that you have 15 – 25 uninterrupted minutes because it takes time to fill out a few forms before the main questionnaire.

Here is the link:

<http://powertools.phoenix.edu/signup.aspx?E2030UN353>

The main part of the questionnaire is a list of words that you choose that are “most like” and “least like” you. Try not to think about it too much and go with your first instinct. Do not focus on what you would “want to or not want to” be like. You will get a more accurate report if you trust your “gut” feeling.

This is what happens when you click on the link.

1. Answer a University of Phoenix survey
2. At the end you will be given a combination of 8 letters and numbers called your “Response Link.” **WRITE IT DOWN.** You will not see it again.
3. Click on Next
4. Enter your “Response Link.”
5. You are sent to a Welcome screen for APP. Click next.
6. You will see an item listed as ***TTI Success Insights – Management Staff***. To the right of it, click on “Complete Now” which will send you to the main questionnaire.
7. At the end you will have a chance to verify your personal information and submit.

Your report will be given to you at the workshop.



Learn To Dance, Expand Your Repertoire

Beginners, Intermediate, Advanced

Ira Nadborne is an independent dance instructor working solo, not for a studio.

- * Former Dance Director of Tucson Symphony Orchestra Cotillion (1996-2001)
- * Former Dance Instructor at Saddlebrooke Estates (1994-1999).

His credentials speak for themselves:

- * Former New York Hustle Competitor & Champion.
- * Over 1,500 students taught in Tucson & countless more in New York City.
- * 40 years experience dancing, teaching, performing, choreographing & competing.
- * One of the inventors & innovators of New York Hustle Dancing.

CHOOSE ANY OF THESE PARTNER DANCE STYLES for your lessons:

BALLROOM: Foxtrot, Waltz, Tango, Viennese Waltz

LATIN: Salsa, Mambo, Cha Cha, Merengue, Rumba, Samba, Cumbia

SWING: East Coast, West Coast, Single Time/Jitterbug, Hustle

COUNTRY: Progressive 2 Step, Arizona/Rhythm 2 Step, Triple 2 Step, Nightclub 2 Step, Shuffle, Country Waltz, Country Cha Cha

For more information and to schedule a FREE TRIAL LESSON, call Ira at 881-0847 or email hustledancer1@yahoo.com or Fran @ Franjan@FranjanFreelance.com, 319-8675, franjan2@dakotacom.net